



STAND UP SERIES

STAND UP SERIES GOALS:

- Understanding and Response to Sexual Harassment
- Identify harm guests and co-workers may be experiencing
- Bystander Intervention Training
- Create workplace Cultural Change
- Know that YOU can Stand Up for yourself and others!

Session 1: Sexual Harassment/Bystander Intervention

60-90 minutes

Attendees work through exercises and conversations that look deeper into consent, and appropriate behavior, and the harm that sexual harassment causes. Participants are educated on bystander intervention and how to assist those who are being sexually harassed. They will learn tools to advocate for themselves when they are facing harassment, and how to create boundaries for themselves. Anna also shares parts of her own story to highlight the effective bystanders in her life!

Session 2: Domestic Violence/Human Trafficking/Sexual Assault

60-90 minutes

These are the topics that are difficult to engage and we want to think do not happen in our communities, but we know they do. Through stories and education Anna will lead Lawson's through the realities that these crimes are taking place here and not just our guests, but also possibly our co-workers. Continuing to implement bystander intervention through conversations and activities participants will learn how to recognize and respond to these crimes in safe ways that protect everyone's agency.

Session 3: Workplace Culture

2 Hours

Creating a supportive culture in the workplace for all of Lawson's is the goal. This session looks out how we can effectively lead and create a place that is supportive for all. Looking at language and action through stories, exercises, and videos attendees will learn how to be stand-up in all aspects of their jobs. Anna will lead this conversation filled session and guide staff through activities that allow everyone to be a part of continuing to create cultural change in the workplace and community. It will be a culmination of the series with goal to have actions that everyone will walk away and implement. This session will end with a "celebration" and unpacking of the entire series.